Optimizing Digital ABA Clinical Workflows

Behavioral Health Center of Excellence
with Special Guest: CentralReach
Your Host

Gregory B. Paquette, M.S., BCBA
Sr. Clinical Strategist
CR Institute is your centralized hub of content and courses backed by the 20+ BCBA staff employed by CentralReach. Content is added regularly which is designed to support behavioral professionals in their credentialing and ongoing commitment to continuing education, software training and more.
Webinar Flow
Chat with us!

Ask Questions

Make Comments

Contribute your Knowledge
Chat with us! -- we will do our best to stop and address questions and comments throughout!

Toggle chat options to talk with everyone!
Overview and Agenda

- The *Why and the What*
  - *Why* go digital?
  - *What* can you move to the cloud?
- *How Do You Get There?*
  - *Your* stuff, just *electronic*
  - *Systematic, step by step*
- *Today’s Focus: Online documentation and reporting*
  - Saving *time*
  - Streamlining *processes*
  - Getting your clients set up in the system *your way*
  - Pulling *great, fast* reports
Common scenarios ....

- **Progress report time**
  - Gathering data
  - Summing data
- **Discharges and Resignations**
  - Client has your stuff!
  - Staff leaves... how to transfer the paperwork??
- **Audits**
  - Dates, data, signatures, notes and more!
The Why and the What

**Why?**
- HIPAA
- No hunting down files & data sheets
- 24/7 Analysis

**What?**
- Everything!
- Files, binders, data sheets, reports, videos, and more
That’s great.. How do I make it happen?

- **Define Your Unique Needs**
  - What are your goals and your timelines?

- **Pick a Project Manager**
  - Who will oversee the transition?

- **Pick Your Projects**
  - What are your top pain points and priorities?

- **Choose a Software**
  - Get to know as many softwares as you can

**GOAL**
Speaking of software... there are a lot out there

Software Advice®

379 EMR Softwares...  142 Mental Health Softwares...  358 Practice Management...

Make sure yours is RIGHT... and can handle your unique business needs
Let’s talk Clinical -- what do you need on the platform?

Files
Client information
Goals/Objectives
Graphs
Data history
You can keep all these in your “online binder”
The whole picture ... one place... let’s take a peek
Your “Online Binder” Setup

Make sure your software can fit your teaching methods, your procedures... not the other way around ....

? Teaching procedures
? Targets and stimuli
? Individualized mastery
? Individualized prompting and phase methodology
Your “Online Binder” Setup - continued

Easy... and customizable

Teaching procedures
Targets and stimuli
Individualized mastery
Individualized prompting and phase methodology
Let’s talk Documentation and Reporting...

What should you complete in the platform?

- Behavior Intervention Plans
- FBAs
- Treatment Plans
- Ongoing Progress Reports
- Daily Notes
- Supervision Documents
Finished Products ...

Functional Behavior Assessment Report

Student: B.B. bonds
DOB: 01/01/1973
AGE: 45 years 8 months
Date of Report:

Reason for Referral:
B.B. was referred for a Functional Behavior Assessment (FBA) of challenging behaviors occurring across multiple settings (home and school). According to reports and discussions with all parties involved, B.B. has many topographies of challenging behaviors that are

The goal is to determine not only the contexts most likely to bring about the challenging behaviors, but also the functions that these behaviors serve for B.B..

Reason for Referral:

<table>
<thead>
<tr>
<th>Likely Maintaining Variable</th>
<th># of questions answered Yes in this area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Reinforcement/attention</td>
<td>1</td>
</tr>
<tr>
<td>Social reinforcement / access to preferred items / activities</td>
<td>2</td>
</tr>
<tr>
<td>Social reinforcement / escape</td>
<td>3</td>
</tr>
<tr>
<td>Automatic Reinforcement / sensory stimulation</td>
<td>1</td>
</tr>
<tr>
<td>Automatic reinforcement / pain attenuation</td>
<td>2</td>
</tr>
</tbody>
</table>

Behaviors Targeted:

<table>
<thead>
<tr>
<th>Problem Behavior</th>
<th>Antecedents</th>
<th>Consequences</th>
<th>Functional Hypothesis</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Duration of tantrum</th>
<th>Changes in routine</th>
<th>Behavior ignored</th>
<th>Social Positive</th>
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</thead>
</table>

Behavior Plan

Behavior: Duration of tantrum; Definition:
Operational definition: Tantrum is defined as an instance of crying paired with either flopping on ground, yelling, aggression, lasting more than 10 seconds continuously. Examples include: Matt crying paired with laying on ground for 30 seconds. Non-Examples: Matt crying for one minute. Matt yelling for 20 seconds.

Function: Social Positive

<table>
<thead>
<tr>
<th>Goal</th>
<th>Baseline Date</th>
<th>Baseline Level</th>
<th>Last Review Level</th>
<th>Current Level</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2017-01-02</td>
<td>00:10:00</td>
<td>00:00:45</td>
<td>00:00:18 Maintenance</td>
</tr>
</tbody>
</table>

Intensity: mild - disruptive but not dangerous
Goal Status: Met
Data Summary: Change to protocol needed
Meeting Payor Requirements...

• Authorized Hour and Goal Analysis
  • Hours requested backed up by --
    • Goal numbers
    • Past Rate of Mastery
• Discharge Criteria
  • When will you stop services?
• Transition Statements
  • When/ how will you fade?
• Parent Involvement
  • Have your system do the dirty work...
    • tagged parent goal; parent data sheet
• Crisis Plans
  • Include what to do if an emergency
  • Hint: Make a comprehensive one that meets all payor needs
How the system should work for you...

- Template creation
  - Diversified document templates already made
  - Or, make your own, your style, your needs
- Saved narrative information
  - Pull to reports with one click
  - Structured language, consistent formatting
- Goal information
  - Domain, function, phase information, and more
How the system should work for you...

• Quantitative data
  • Information your payors and stakeholders require
  • Baseline information, Mastery criterion, and more
• Graphic displays
  • Like graphs in reports? No problem
  • Lock in payor needs at the template level, or have clinicians select based on analysis and reporting needs
Time Saving... In Action!

- The need is there
  - *Decreased billable time* from payor sources
  - *Increase time* with clients
  - *Diversified payor requirements*
  - *Clean reports* for families and schools
- Let’s get reports from taking multiple hours... *down to less than one*
Thank you and Questions...

Thank you for your time... you can reach us at

w: www.CentralReach.com

 e: marketing@centralreach.com

 p: 800-939-5414